



ANNUAL PROGRESS REPORT 2021



Scaling up Nutrition
People's Forum

Civil Society Alliance – Sri Lanka

Annual Progress Report 2021

Scaling Up Nutrition Civil Society Alliance, Sri Lanka



65 countries are leading
a **global movement**
to end malnutrition
in all its forms.



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SUN PF VISION, MISSION AND OBJECTIVES

VISION

A world free from malnutrition in all its forms

MISSION

To ensure high quality, tailored efforts to scale up nutrition and reach both national and global targets.

AIM

To initiate and sustain multi-sector coalition of civil society organizations to advocate, monitor and contribute to the country's nutrition interventions both at national and district levels.

OBJECTIVES

- Stakeholders are mobilised to hold the responsible parties accountable for the implementation of nutrition-related policies and plans
- Stakeholders are capacitated on nutrition policies and practices, through appropriate learning processes
- The multi-stakeholder platform and CSOs are engaged in enabling nutrition, gender, food security, advocacy and governance related interventions to reach communities in a multi sector approach
- The governance and sustainability of SUN CSA is strengthened

2 INTRODUCTION

The SUN Civil Society Network (CSN) is a part of the Scaling Up Nutrition movement which unites governments, UN bodies, businesses, donors as well as civil society in a collective effort to end malnutrition:

The Scaling Up Nutrition Civil Society Network (SUN CSN) represents over 4,000 national, regional and international organizations spanning multiple sectors, including: small-holder farmers, human rights defenders, women's groups, humanitarian agencies, advocacy and research entities, consumer groups, trade unions and many others. The network includes national civil society alliances in 65 countries as well as four regional coordination groups.

SUN Civil Society Network (SUN CSN) within the SUN movement

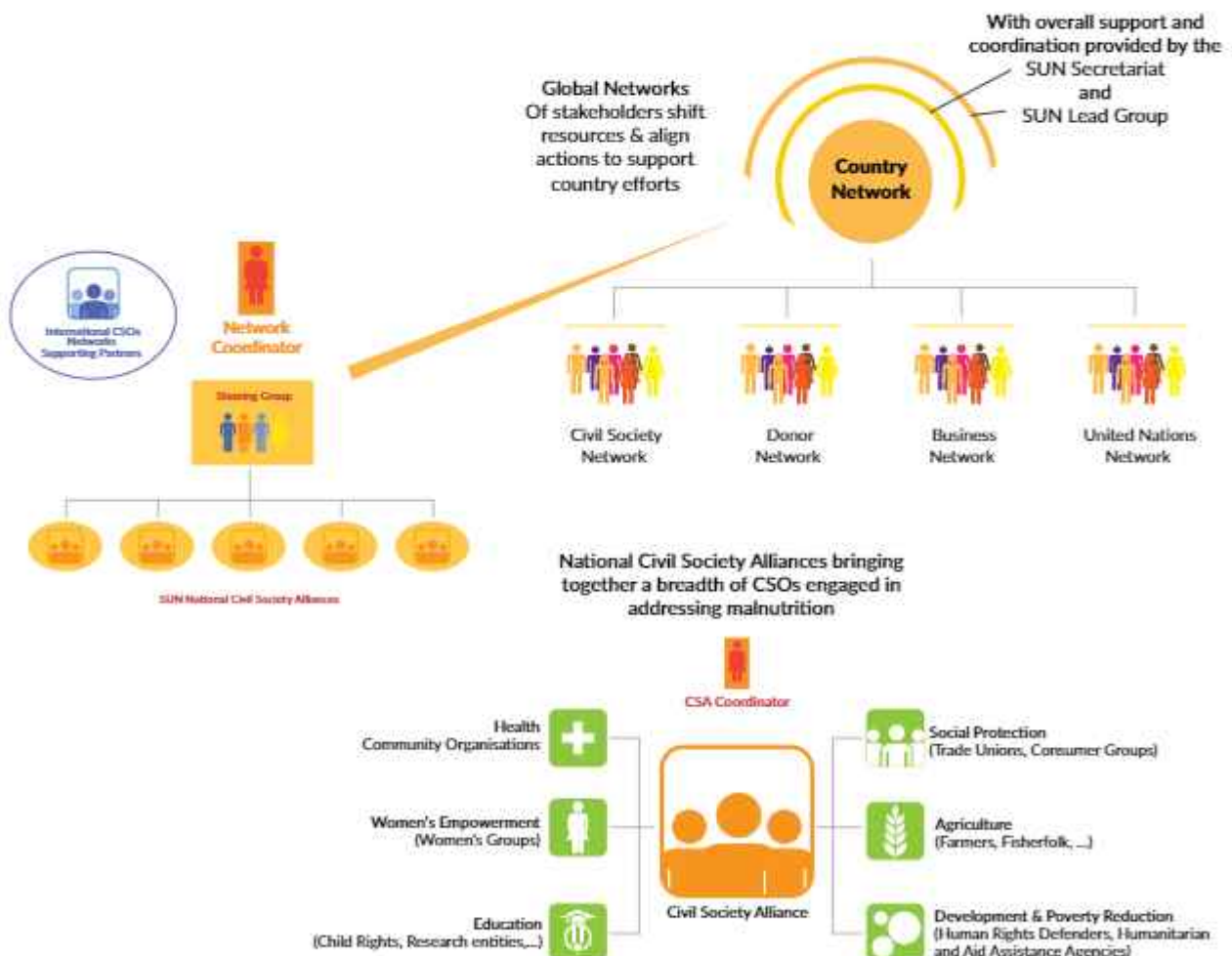


Figure 1: SUN Movement Structure

SUN Civil Society Alliance of Sri Lanka

The Scaling Up Nutrition Civil Society Alliance (SUN CSA) of Sri Lanka is made up of representatives from national and international non-governmental organizations, Civil Society organizations at district level, professional organizations, youth and individuals who are actively engaged in scaling up nutrition interventions in the country.

The purpose of SUN CSA is to create an effective, strong, and vibrant well-coordinated civil society network that promotes and contributes to sustainable improvement in the nutritional status of the population.

SUN Civil Society Alliance of Sri Lanka was established in the year 2014. It is a registered independent organization with a functioning executive council with the member organizations at national level and a governing Board of Directors. The alliance at the sub national level, has a district network comprising around 300 civil society organizations; and a SUN CSA youth network consisting active youth leaders.

Organization Structure

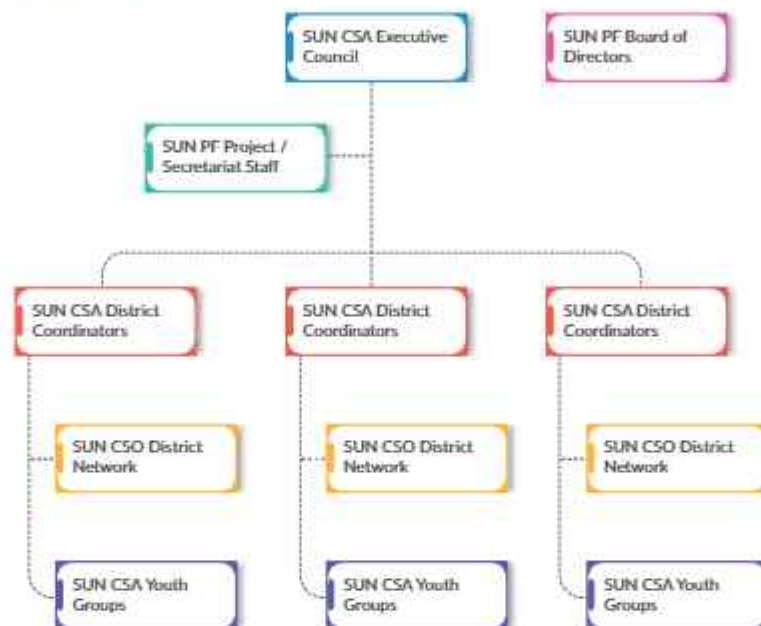


Figure 2: SUN PF Organization Structure



Figure 3. SUN Secretariat Staff
From the Left – Mrs. Dilka Peiris (Project Director), Mr. Asanka Supun (Project Coordinator), Mr. Roshan Delebandara (Chairperson of the Executive Council) & Mr.Dhanmika Abeysakara (Admin and Finance Officer)

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SUN CSA PARTNERS FOR THE YEAR 2021



MINISTRY OF HEALTH

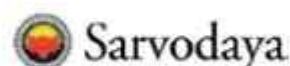
Nutrition Division, Non Communicable Disease Unit, Health Promotion Bureau, Medical Research Institute, Family Health Bureau, Estate and Urban Health Unit



Department of Samurdhi Development



Women's Bureau of Sri Lanka



Sri Lanka Girl Guides Association



THE CREATIVE CONGRESS



Civil Society Organizations at District Level

324 Civil Society Organizations

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BOARD OF DIRECTORS, COUNCIL MEMBERS & STAFF

Directors

Ms. Kaushalya Navaratne

Mr Julian Chellappah

Dr Dhanan Senathirajah

Mr.Nalaka Siriwardene

Managing Director

Country Director

National Director

Country Manager

Sevalanka Foundation

Save the Children Sri Lanka

World Vision Lanka

ChildFund Sri Lanka

Executive Council Members

Mr. Roshan Delabandara

Mr. Suthan Baskaran

Mrs. Kaushalya Naveratne

Mr. Dave Maurice

Ms.Vishaka Wikramarachchi

Dr. Manoj Gayan

Ms. Menu Nilushika

Ms. Visakha Tilekeratne

Mr. J. M. Niswi

Mr. Wajira Umagaliya

Mr. Bandula Senadheera

Dr. N.Ravichandran

Mr. H.M.G.Bandara

Ms. Priyalatha Kalansooriya

ChildFund Sri Lanka (Chairperson)

World Vision Lanka

Sevalanka Foundation

Nucleus Foundation

ADRA Sri Lanka

Nutrition Society of Sri Lanka

Sarvodaya Women's Movement

Sri Lanka Girl Guides Association

Sarvodaya

District Community Organization Forum

Consortium of Badulla District Civil Organizations

Heart Ceylon Foundation

Wayamba Govijana Parisarika ha Manawa Sanvardhana Kendraya

Praja Sanvidhana Kendraya

Alternate Members

Mr Niroj Sudarsan

Mr Kosala Gunawardane

Mrs Sandamali Rajapaksha

Youth member

Youth member

ChildFund Sri Lanka

SUN CSA Secretariat Staff

Ms Dilka Peiris

Mr.Asanka Supun

Mr.Dayananda Thilakaratne

Ms. Avanthika Karunaratne

Mr. Dhammika Abeysekera

Project Director

Project Coordinator

Project Coordinator (January 2021 to June 2021)

Admin & Finance Officer (January 2021 to April 2022)

Admin & Finance Officer (From May 2022)

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SUN CIVIL SOCIETY ORGANIZATIONS DISTRICT NETWORK

No.	District	Coordinator Name	Organization
1	Ratnapura	Mr.Kapila Kumara De Silva	Mithuru Mithuro Movement
2	Monaragala	Mr.Wajira Umagaliya	District Community Organization Forum
3	Hambantota	Mr.Ariyadasa Banagala	Saviya Sanvidhanaya
4	Mannar	Ms.N.Sasi Recka	Sarvodaya District Center
5	Anuradhapura	Mr.Nimal Padmasiri	Institute of Rural Social Development
6	Batticaloa	Ms. Shalini Pathmaraj	Ocean Star Lanka
7	Killinochchi	Mr.Jesu Jukeniyam	Noolaham Foundation
8	Kandy	Ms.Nilanka Damayanthi	Patha Hewaheta Praja Shakthi Sanwardana Pedanama
9	Badulla	Mr. Bandula Senadheera	Consortium of Badulla District Civil Organizations
10	Maters	Mr.Nimal Chandrasena Silva	Sarvodaya District Center
11	Kegalle	Mr. M.S.M.Sadique	Association of Social Activities development Foundation
12	Puttalam	Mr. Siva Wasanthan	Center for Performing Arts
13	Ampara	Mr.Anuradha Abeyratne	Sarvodaya District Center
14	Mulathivu	Mr.Sethiyakumar	Sarvodaya District Center
15	Vavuniya	Mr. Mohammadu Mahir	Sarvodaya District Center
16	Trincomalee	Dr.N.Ravichandran	Heart Ceylon Foundation
17	Galle	Ms.Priyalatha Kalansopriya	Praja Sanvidhana Kendraya
18	Kurunegala	Mr.H.M.G.Bandara	Wayamba Govijana Parisarika ha Manawa Sanwardhana Kendraya
19	Kaluthara	Mr.Sachitha Nandajith	Asia Lanka Social Development Co-operation (ALSDC)
20	Jaffna	Mr.Johnson Nishanth	Life Mission Helping Hands
21	Nuwara Eliya	Sivalingam Sasikumar	Save the Children
22	Matale	Ms. Upuli Wijekoon	Sri Lanka Girl Guides Association
23	Colombo	Ms.Nifusha Paranavithana	Voice for voiceless Foundation

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KEY MESSAGES



Message from Chairperson of the Executive Council

On behalf of the Executive Council and Board of Directors, I am pleased to present to you Scaling Up Nutrition People's Forum's seventh annual report for the financial year ended 31 December 2021. It was a challenging year, in the wake of COVID-19 global epidemic, which had slowed down socio-economic and development activities both locally and globally. It obviously had negative impacts on our interventions too. However, SUN CSA Sri Lanka managed to sail through high tides despite the challenges, and particularly marked significant progress in the areas of advocacy and policy related initiatives, and had successes in multi-stakeholder collaborations at the national and district level during the past year. We, SUN PF/CSA, expanded our network and partnered with like minded non-government organizations, civil society organizations, government entities, UN agencies and private sector partners, to work in collaboration towards a common goal, to improve the nutrition and well-being of Sri Lankan communities.

It's truly a great team work, therefore herewith I would like to sincerely appreciate all the effort and valuable contribution of our team, including SUN PF Executive Council members, the member organizations, and Boards of Directors and the SUN PF staff. Your tireless efforts, amidst all the challenges, made us collectively achieve this success. Last, but not least, we are extremely grateful to the Sri Lankan communities who trusted us, partnered with us, built on what they had, worked hard towards positive change and became the ultimate evidence to the success that we collectively achieved.

Looking ahead, in the current year, we will continue to collaborate with the government, non-government and corporate partners to engage with Sri Lankan communities to continue to work together, and work hard, in improving nutrition and wellbeing of all.

Mr. Roshan Delabandara

Chairman SUN PF Executive Council

Grant Post Award Manager ChildFund



Message from Project Director SUN PF

A year of collaboration to address the challenges

2021 was yet another challenging year for the SUN PF due to the COVID 19 second and third outbreaks. This badly affected the continuation of the routine lifestyles of the people and the organization's regular work.

Challenges towards nutrition security became an immense issue with many losing income generation capacity, while others in high-risk areas with a lack of mobility had limited access to resources to fulfill even their basic requirements. Due to the restrictions on mobility, it was difficult for SUN PF to organize and conduct some of the planned activities where people had to gather.

Despite the above-stated difficulties, the SUN PF was able to move forward adjusting its operating model. However we continued like the previous year working from home, having virtual meetings, and maintaining distance and doing our best to collaboratively work with partners. We were able to join hands with the World Food Program and Food and Agriculture Organization Sri Lanka offices to conduct two useful and timely programs to ensure nutrition security.

For the First-time, SUN PF was able to launch a mobile phone and radio-based nutrition and gender-related social behavior change promotion campaign with WFP. Additionally, with FAO SUN PF was able to distribute home gardening materials to more than 40,000 families across the country. For both these projects, the support received from the Department of Samurdhi, Women's Bureau, and Civil Society Organizations are noteworthy.

We would not have been able to manage all the difficulties without the commitment of our great team, passionate Board Members, highly collaborative Chairperson and the Council Members, CSO coordinators, other volunteers who joined, government officers and other partners including suppliers.

Ms Dilka Rashmi Peiris

Project Director

Scaling Up Nutrition People's Forum



Message from Managing Director of the Sevalanka Foundation

The nutrition standard in Sri Lanka was declining at a tremendous pace, having been propelled by the COVID-19 outbreak of 2020 and 2021, and currently being at its worst with the prevailing economic crisis.

Considering these factors, Sri Lanka has been ranked as a nation with one of the world's highest rates of acute malnutrition, particularly in children under five years.

Therefore, nutrition is now a concern in many segments of society with the deterioration of the present economy. The majority of the population is in a vulnerable state, as they compromise by reducing the number of meals they consume per day or reducing on the nutritional value of the meals they have, or in some cases both.

SUNPF has a key role to play during these challenging times in Sri Lanka, to support the communities connected to us, and to overcome the nutrition related challenges faced in a successful manner. Currently SUNPF is involved in developing a mechanism where NGO's and Civil Society partners working on Nutrition to follow a national emergency nutrition plan. Our hope is to engage in continuous dialogues and interventions to support the most vulnerable communities in Sri Lanka to secure the most optimum solution despite these trying times.

I would like to thank the Board Directors, Council Members and the staff of SUNPF for striving forward in the pursuit of the goals set forward and sharing our vision, despite the many obstacles presented, in the midst of the worst economic disaster faced by the people of Sri Lanka in decades.

Ms. Kaushalya Navaratne

*Chairperson of the Board of Directors, SUNPF
Managing Director, Sevalanka Foundation*



Message from National Director of the World Vision Lanka

I am once again privileged to share this message in the annual report of SUN PF. The long-standing collaboration between World Vision Lanka (WVL) and SUN PF is noteworthy. Our focus is on helping the most vulnerable children overcome poverty and experience the fullness of life. Therefore, we at WVL are privileged to work so closely with this network.

WVL is pleased to be able to contribute to the efforts taken to improve the nutrition levels of the people of our country and appreciate the close cooperation that SUN PF has with the relevant line ministries.

I am happy to note the work of SUN PF during the pandemic and the ongoing economic crisis. WVL will continue to support the great work to enhance Civil Society capacity and I wish SUN PF all success in its future endeavors.

Dr. Dhanan Senathirajah

*National Director
World Vision Lanka*



Message from National Director of the Save the Children - Sri Lanka

Missing out on nutritious school meals is jeopardizing the futures of millions of the Sri Lanka's poorest children. Access to these meals has been disrupted as a result of long-term school closures related to the COVID-19 pandemic and now with the economic crisis, potentially decreasing both student nutrient intake and household food security. Save the Children's PALAM/A Project, funded by the USDA McGovern-Dole Program, works to improve literacy of school-age children; improve student attentiveness by improving the sustainability of the Sri Lankan government's National School Meal Program and reducing short-term hunger. To address the urgent need, the PALAM/A project pivoted its interventions to provide Take-home Rations (THR) to 876 schools in critical Sri Lanka target districts - Badulla, Kilinochchi, Monaragala, Mullaitivu, Nuwara Eliya, Rethnapura, and Trincomalee - with over 106,000 students receiving the emergency support. The THRs were designed as a one-time family ration intended to cover approximately three months of need. The organization supported over 200,000 children across the country. Save the Children appreciates the commitment made by the Government thus far toward the school meal programme in Sri Lanka, and hopes the programme will continue even during the current economic context. As Save the Children, we are privileged to become part of Scaling Up Nutrition People's Forum and I wish all the best for the future programs.

Mr. Julian Chelappah
National Director
Save the Children - Sri Lanka



Message from Country Manager of the ChildFund Sri Lanka

I'm honored and pleased to share this message to the Annual Report 2021 of Scaling Up Nutrition People's Forum. ChildFund Sri Lanka has been working in the country since 1985 as a leading international development agency. Key focus of our program is on Child Development and Protection. We are implementing various interventions to address the issue of malnutrition, specifically among children under 5 years in vulnerable communities. Our nutritional program aims to equip mothers and other caregivers to meet the nutritional needs of infants and young children to ensure improved health and development during the crucial stage of growth.

We are proud to be a partner with Scaling Up Nutrition since its inception and be a founding member, as well as serving seven years, as an Executive Council member. In areas where the pandemic and economic crisis is challenging the nutritional status of children, as well as pregnant and lactating mothers, having a strong CSO network across the country is a real strength. This has helped to initiate nutritional interventions to address those challenges. Multi-stakeholder collaboration and collective effort of many players and leadership of groups like SUN are playing a critical role in facilitating many initiatives that go beyond conventional interventions which can address multifaceted issues. As ChildFund, we are privileged to become part of such initiatives of SUN People's Forum.

I wish SUN PF all the very best for its future endeavors.

Mr. Nalaka Siriwardene
Country Manager
ChildFund Sri Lanka



Message from WFP Representative and Country Director

Sri Lanka is grappling with one of the most difficult times in its history as it faces the effects of COVID-19, a volatile economy, and climate change. High rates of malnutrition which were evident from before the pandemic is now at further risk amidst price increases and restricted access to essential items. These escalating challenges demand swift and concerted solutions which can only be achieved through the coordinated efforts of multiple actors, including the Government, the private sector, and civil society organisations. The Scaling up Nutrition People's Forum could and should be a part of this.

The United Nations World Food Programme (WFP) has been supporting the Government of Sri Lanka for over 50 years with a mission to help strengthen food security and address malnutrition. Currently, WFP is continuing to support the Government including responding to fresh challenges, particularly in relation to food and nutrition security. The Scaling Up Nutrition People's Forum (SUNPF) with its wide network of civil society organisations, professional organisations, and individuals, has been instrumental in WFP's work. Over the years, SUNPF has conducted several programmes and interventions at national and district levels which have proven to be effective platforms to improve nutrition standards in the country.

In 2021, SUNPF supported WFP with a project to enhance nutrition awareness and inculcate healthy eating habits for improved nutrition intake among mothers and their babies. SUNPF's vast network of partners on-ground made it possible to reach remote communities, providing them with access to gender-specific nutrition knowledge. Harnessing its expertise in managing grassroots level activities, the team at SUNPF carried out the entire project alongside Government counterparts. WFP is thankful for the commitment and dedication of the SUNPF team which made this project a success.

As we face challenging times ahead of us, we remain committed to supporting the SUNPF and leveraging opportunities present in our mutually beneficial partnership. We are confident that by working towards a common goal we can overcome difficulties and build a healthier Sri Lanka.

Mr. Abdur Rahim Siddiqui
Representative and Country Director
United Nations World Food Programme - Sri Lanka



Message from FAO Representative for Sri Lanka and the Maldives

This past half a decade has brought with it unprecedented disruptions to the lives and livelihood of people in Sri Lanka, mainly caused by the impacts of the COVID-19 pandemic and the prevailing economic crisis. However, amidst these crises, one thing remains fundamental - the people's right to safe and nutritious food. It is no secret that Sri Lanka's nutritional indicators have been dismal with malnutrition, micronutrient deficiencies and over-nutrition (overweight/obesity) being serious health and socio-economic challenges.

Job losses, declining incomes, rising food prices and other disruptions brought on by the COVID-19 pandemic and now compounded by the economic crisis have made food, particularly nutritious food, less affordable for some, especially the poor. According to the State of Food and Nutrition in the World 2021, FAO's flagship report, around 7 percent of Sri Lanka's population is undernourished. The prevalence of wasting in children (under 5 years of age) stands at 15 percent while the prevalence of stunting in children (under 5 years of age) is at 16 percent.

In a bid to improve the nutrition status of families affected by the pandemic, last year FAO together with financial support from the Government of Australia stepped into assist vulnerable families to help establish nutrition-sensitive agricultural home gardens and urban agricultural systems. The SUN People's Forum (SUNPF) was an instrumental partner in this project helping in reaching a wide group of beneficiaries in urban and rural Sri Lanka, particularly families with pregnant and lactating mothers, infants, children, adolescents and senior citizen. SUNPF mobilized its networks to distribute seed packs containing a variety of nutrient-rich vegetable crops that can help combat micronutrient deficiencies to around 46 000 vulnerable families across the island to establish home gardens. The SUNPF facilitated multi-sectoral coordination, educating and mobilizing midwives and civil society organizations such as Mother Support Groups to train beneficiary families on nutrition-sensitive agricultural home gardens, Food Based Dietary Guidelines, healthy cooking and eating habits to drive public awareness and behavior change.

Ensuring people, especially the most vulnerable groups such as women and children have access to and can afford safe and nutritious food is paramount to building back better from any crisis. We are grateful to partners such as the SUNPF who share the vision of achieving food security for all and making sure that everyone everywhere has regular access to enough high-quality, nutritious food to lead active and healthy lives. FAO will continue to partner with SUNPF as we work together to build a world free from hunger and malnutrition where food and agriculture contributes to improving the living standards of all, especially the poorest, in an economically, socially and environmentally sustainable manner.

Mr. Vimlendra Sharan
Representative for Sri Lanka and the Maldives
Food and Agriculture Organization of the United Nations (FAO)

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SUN PF ACTIVITIES 2021



Figure 4. SUN PF Projects Summary

7.1. SUN Pooled Fund Project activities

7.1.1. Training Programme to aware on COVID 19 & Nutrition and NCDs for CSOs

Table 1. Details of the Participants for Training Programmes

District	Date	No. of Participants			No. of CSOs
		Male	Female	Total	
Kurunegala	05.01.2021	19	25	44	25
Kalutara	07.01.2021	10	30	40	18
Galle	08.01.2021	15	28	43	19
Hambantota	19.01.2021	20	28	43	17
Ratnapura	25.01.2021	14	22	36	19
Total		78	133	211	98

District level CSO members of 14 districts were trained on the basics of nutrition and NCDs in 2020, and this was continued for 5 other districts in the year 2021. This project was collaboratively done with the Nutrition Society of Sri Lanka, a professional membership organization of the SUN CSA executive council. The training covered topics such as basic nutrition, food groups, food-based dietary guidelines, the triple burden of malnutrition, causes and consequences of malnutrition and its vicious cycle, maintenance of proper body mass index (BMI) level, and non-communicable diseases. This training comprised a COVID -19 awareness which included a session on how to prevent and manage the impacts – by boosting immunity through proper nutrition.



Figure 5. Training Programme at Kurunegala



Figure 6. Training Programme at Hambantota



Figure 7. Training Programme at Galle



Figure 8. Training Programme at Kalutara



Figure 9. Training Programme at Ratnapura



Figure 10. Participants for the programme at Kalutara

7.1.2. "Healthy Canteen Programme" conducted by Sarvodaya Women's Movement at Sarvodaya Premises

Sarvodaya Women's Movement started a canteen in its Sarvodaya premises. SUN PF supported this healthy canteen concept by providing instruments to measure the nutritional status of its customers. SUN PF provided instruments including a weighing scale, height board, and digital pressure meter to the Sarvodaya Women's Movement under this project. Further, an awareness session on healthy eating habits was also conducted for the staff who were using the canteen. Five banners with important nutrition messages were developed with the support of the Nutrition Division of the Ministry of Health and handed over to SWM.



Figure 11. SUN PF Project Coordinator Mr. Dayananda Thilakarathne handed over the instruments



Figure 12. Measuring the Height and Weight of the staff who participated in the awareness session



Figure 13. Awareness session on nutrition.

7.1.3. International Women's Day Programme 2021



Figure 14. Women's Day Programme 2021

A programme was held on 18 March 2021 to celebrate Women's day 2021, at the Vidyasekara Piriwena, Bandiyamulla, Gampaha. The theme of the Women's Day 2021 was: "Women in Leadership: Achieving an Equal Future in a COVID-19 World". There were 52 women civil society and community based organization leaders who participated in the event. This was a joint programme with Sarvodaya Women's Movement. The program had four sessions that were very interesting with timely topics used as mentioned below.

1. "Social leader's role in future under the pandemic situation" and "Women's role and responsibilities in humanitarian and disaster response"
Resource Person: Dr. Ashanthi Balapitiya (Consultant, Health Promotion Bureau, Ministry of Health)
2. "Women health and nutrition"
Resource Person: Ms. Dilka Peiris (Nutrition Specialist and Project Director of the SUN PF)

3. Awareness session on Domestic and External Violence
Resource Person: Ms. Lalitha Peiris (nutrition and social activist)
4. Panel Discussion and sharing session



Figure 15. Participants for the programme



Figure 16. Dr. Asanthi Balapitiya conducting the session.



Figure 17. Mrs. Lalitha Peiris conducting the session

7.1.4. Awareness Programme on Nutrition for District Secretariat Officers of Anuradhapura

SUN PF collaborated with the Institute of Rural Social Development (IRSD) to carry out an awareness program for District Secretariat officers of Anuradhapura. The program was held on 25th March 2021 at Hotel Creston Park, Anuradhapura under the theme of 'Stay healthy throughout life by eating healthy'. 28 district secretariat officers ((20 females and 8 Males) participated in this programme. Mr. Ruwan Navaratne, Additional District Secretary of Anuradhapura also participated in the event and he appreciated the programme. Participants were made aware of nutrition related topics as mentioned below.

Dr. Kiloshani Hendawitharana (MOH, Anuradhapura) conducted the session on NCDs and particularly she focused on the prevalence and consequences of NCDs. She presented and discussed the current situation of the Anuradhapura district. Mr. Roshan Delabandara, Chairperson of the SUN PF executive council conducted the session basic nutrition and the key areas covered by the session were common nutritional problems in Sri Lanka and Anuradhapura District, the triple burden of malnutrition, Food Based Dietary Guidelines, and importance of having a balanced diet. During the event, the nutritional status of the participants was analyzed by measuring anthropometric measurements. Participants were trained to calculate their BMI using the BMI calculator.



Figure 18. District Secretariat Officers who participated in the programme



Figure 19. Mr. Roshan Delabandara conduct the session



Figure 20. Mr. Ruwan Navaratne (Additional District Secretary) address the event.

7.1.5. Nutrition Programme for Journalists in Anuradhapura District

SUN PF collaborated with the IRDS- Anuradhapura and organized an awareness program on nutrition for journalists in the Anuradhapura district on 26th March 2021. This was held at Hotel Creston Park, Anuradhapura.

Objectives

- Raise awareness of the journalists on the topic of nutrition and major nutrition problems in Sri Lanka and especially in the Anuradhapura district
- Identify the role of media and journalists to improve the nutritional status of the community and ensure their active participation
- Have discussions and make an action plan to promote good nutrition, and ensure implementation at the national level and district level with the contribution of journalists

There were 29 journalists (27 males and 2 females) at this programme representing different media institutes including newspapers, radio, television and social media channels.

Key topics discussed at the programme

1. Awareness session on non-communicable diseases - conducted by Dr. Nilanka Nawarathna (MO NCD, RDHS Office, Anuradhapura).
2. Session on maternal and child nutrition - Dr. Krishanthi Malwanage (MOMCH) - Regional Director of Health Services office.
3. Media influence in community nutrition and NCDs - Mr. Roshan Delabandara, Chairperson of the SUN PF executive council.
4. Role and contribution of the agriculture sector for nutrition - Mr. J.D.R. Thirimanna (Assistant Director, Provincial Department of Agriculture - North Central Province)



Figure 21: Session conducted by the Department of Agriculture



Figure 22. Dr. Krishanthi Malwanage addressing the participants to raise their awareness



Figure 23. Dr. Nilanka Nawarathna discusses with the participants



Figure 24. Mr. JDR. Thirimanna Conducting the session on agriculture and nutrition

7.1.6. Nutrition Programme for the parents of school children in Padaviya

Objective of this Programme was to educate the parents of school children on proper nutrition of their children and importance of nutrition to prevent non communicable diseases. 26 participants (3 males and 23 females) participated in the programme held on 27th March 2021 at Yaya C Secondary School, Padawiya. Padaviya Yaya C GN officer also participated and addressed in the event.

Session on Basic Nutrition and prevention of NCDs

Dr. N.V.C.Devapriya (MOH, Padaviya) and Mr. Asanka Supun, Project Coordinator of the SUN PF raised awareness on how to reach proper nutrition with locally available food and follow a correct lifestyle pattern. The resource persons discussed about nutrition related problems and provided advice to prevent NCDs.

Session conducted by agriculture officer

Mrs. KMJPK Kariyapperuma (Agriculture Officer, Department of Agriculture, Anuradhapura) delivered a speech by mentioning changes in current and traditional food habits and also negative and positive impacts of the above changes.

Weight and height of participants were measured and BMI Value calculated. Further, participants were also trained to calculate their BMI using a BMI meter. More than half of the participants were in the normal BMI range; and they were advised how to reach and maintain a proper BMI.



Figure 25. Dr. N.V.C.Devapriya conducting the session on NCDs



Figure 26. Mrs. KMJPK Kariyapperuma conducting the session



Figure 27. Participants at the programme

7.1.7. Capacity building programme for Women Development Officers

A two day residential training programme was held for Women Development Officers on 22nd and 23rd of April 2021 at Global Towers Hotel, Colombo 06. The whole program focused on different aspects of nutrition related matters. The program was organized by SUN PF in collaboration with the Women's Bureau of Sri Lanka, Ministry of Child Development and Women Affairs. Scaling Up Nutrition People's Forum Council Chairperson Mr. Roshan Delabandara, Scaling Up Nutrition People's Forum Project Director Ms. Dilka Peiris, Director of the Women's Bureau Ms. Champs Upasena, Operations Director of World Vision Lanka Mr. Shiran Perera, and Deputy Director of the Women's Bureau Mrs. Kumari Kosgahakubura participated at the inaugural session of this programme. 56 women's development officers participated in this programme, representing 19 districts.

The program contained different sessions with brainstorming, videos, discussions, group discussions, and practical sessions. These increased the effectiveness of the program.

The BMI level of the participants was measured and a mini assessment was done about the nutritional status and NCDs through a questionnaire. A summary of the results of the assessment and a summary of the nutritional status of the participants based on their BMI level were presented during the programme.

A practical session was held on physical activities with suitable exercises.



Figure 28. Participants at the programme



Figure 29. Director to the women's bureau Mrs. Champa Upasena addressing in the Inaugural session



Figure 30. Session on Cash Management and Nutrition



Figure 31. Session on Physical Activities

Areas Covered by the Programme

Table 2. Content of the Training Programme for Women Development Officers

No.	Session	Resource Contribution
1.	Non-communicable disease: Risk factors, prevalence and prevention	Dr.Vindya Kumarapeli, Director (NCD) Ministry of Health
2	Basic Nutrition : Food groups, food patterns, behavior, nutrition transition	Mr. Roshan Delabandara, Chairperson, SUN CSA Executive Council
3	Introduction and awareness on Food Based Dietary Guidelines	Dr. Kanishka and Mrs. Chalani Ilangemge, Nutrition Division of the Ministry of Health
4	Child feeding and caring; Causes and issues of malnutrition among children, the vicious cycle of malnutrition	Ms. Dilka Peiris, Project Director SUN PF
5	Nutrition status assessment - Nutrition assessment tools, reading and understanding growth charts	Mr. Asanka Supun, Project Coordinator, SUN PF
6	Household Cash Management for Nutrition	Dr. Enoka Wickramasinghe , Estate and Urban Health Unit, Ministry of Health
7	Mental health and psychosocial wellbeing	Ms.Dulmini Perera- Institute of Mental Health
8	Importance of having physical activities: Practical session on physical activities	Ms.Sanjula Damayanthi, Physical Fitness Instructor, Ministry of Sports.
9	Ensuring food security with home gardening	Dr. DBT Wijeratne, United Nations Food and Agriculture Organization
10	Discussion and Preparation of Action Plan	Facilitated by Dr. Shanthi Gunawardane, NCD unit of the Ministry of Health and supported by MoNCDs from RDHS Offices



Figure 32. Session on Mental Health and psychosocial wellbeing



Figure 33. Session on NCDs



Figure 34. Preparation of Action Plan

7.1.8. Progress Review Meetings for District Level CSO Networks

Conducted progress review meeting in 7 districts with the CSO members. Identified intervention they had carried out with their own organizational funds. Prepared the action plans for the engagement in the year 2021. 105 participants were there as 54 women and 51 men. There were in-person meetings conducted in some districts with the participation of SUN PF staff and virtually joined for the meetings in other districts.

The Nuwara Eliya District meeting was held on 20th April 2021 at Cooperative holiday home Nuwara Eliya with the renewal of the district CSO Network. An awareness session on nutrition and NCDs was also conducted by Dr. Wageesha Ranasinghe (MO - NCD, RDHS office Nuwara Eliya). 20 civil society members as 13 women and 7 men participated in the program.

An awareness session was conducted by SUN PF for the CSO members in the Puttalam district at the progress review meeting. 23 CSO members participated in this session representing 21 Civil Society Organizations.



Figure 35. Dr.Wageesha Ranasinghe addresses the participants in Nuwara Eliya.



Figure 36. Participants for the Nuwara Eliya District Meeting



Figure 37. Participants for the Puttalam District Meeting



Figure 38. Ma.Nilmini Wijesinghe raising awareness of the participants at Puttalam District Meeting



Figure 39. Progress review meeting - Monaragala



Figure 40. Progress review meeting - Kegalle

7.2. Other Programmes and Activities Done by SUN PF

7.2.1. Virtual Programme for World Breastfeeding Week

SUN PF shared a leaflet, video and posts through the social media throughout the World Breast Feeding Week 2021. A virtual program was conducted on 06th August 2021 under the theme of "Protect Breast Feeding: A Shared Responsibility". This virtual event was organized in collaboration with the Family Health Bureau and Sarvodaya Women's Movement. More than 100 participants joined with the session.



Figure 41. World Breast Feeding Week Virtual Programme.



Figure 42. Banner of the Programme.

7.2.2. National Nutrition Month Activities

National Nutrition Month was celebrated in December in the year 2021 under the theme of "Nutrition for Protection". Scaling Up Nutrition People's Forum organized a virtual programme on 22nd December 2022 to make aware the CSOs on nutrition and how they can contribute to nutrition interventions.

The Chairperson of the SUN CSA Sri Lanka Executive Council, Mr. Roshan Delabandara published an article for National Nutrition Month.



Figure 43. Programme banner of the National Nutrition Month Programme.



Figure 44. The article published by Mr. Roshan Delabandara

During the nutrition month, SUN PF organized a campaign on nutrition messages sharing using social media, SMS text messages, and radio programs using experts as a collaborative activity with World Food Program, Sri Lanka.

7.2.3. Social Media Engagement of SUN CSA Sri Lanka

Scaling Up Nutrition People's Forum conducted 'Social Media Campaigns' throughout the year. The purpose of these campaigns were advocacy and awareness creation among the CSO members and public on nutrition and other health related factors. Articles, advocacy messages, nutrition messages, animation videos and video clips have been shared using different platforms such as Facebook, YouTube and the SUN PF official website as well.



Figure 45. Video for world cancer day



Figure 46. World Women's Day Message



Figure 47. Salt awareness Week Message



Figure 48. World Food Day Message



Figure 49. World Breastfeeding Week Video



Figure 50. World Hypertension Day Message

7.2.4. Information, Education and Communication (IEC) materials developed by SUN CSA Sri Lanka

SUN PF developed and printed different materials to disseminate the messages on nutrition among community. Printed a leaflet on breast feeding and a leaflet for pregnant mothers, a note book with FBDGs and contributed to develop the "Training Aid on Food Based Dietary Guide Lines" in collaboration with the Nutrition Division of the Ministry of Health.



Figure 51. Handbook on cash management (Sinhala)



Figure 52. Handbook on cash management (Tamil)



Figure 53. Leaflet on Breastfeeding



Figure 54. Leaflet for Pregnant Women



Figure 55. Tamil Version of the FBDG Training Aid



Figure 56. Sinhala Version of the FBDG Training Aid

7.2. SUN CSN Youth Leadership Grant Project

Youth Networks Formation in 5 Districts and Virtual Training Programme

SUN PF established youth networks in Monaragala, Hambantota, Ratnapura, Nuwara Eliya and Batticaloa districts under the SUN CSN Youth Leadership Grant. A hundred members (20 from each district) were selected for the network through an interview process and 94 members continuously participated for the activities. A series of virtual training programmes was conducted for youth network members from 06th July 2021 to 29th September 2021. 10 youth champions (2 from each district) selected based on their active participation to lead and coordinate the district.

Details of the training programmes

Table 3. Training sessions for the youth members

No.	Meeting/Programme	Resource Person/Resource Institute
1.	Training Session on non - communicable diseases (Sinhala Medium)	Dr.Shanthi Gunawardane, NCD Unit, MoH
2	Training Session on Nutrition (Sinhala)	Dr. Anoma Basnayske and Ms. Chalani Ilangame (Nutritionist) Nutrition Division, MoH
3	Training Session on Physical Activities	Ms. Chamani Rajapaksha, Physical Activity Instructor, Ministry of Sports
4	Training Session on non - communicable diseases. (Tamil Medium)	Ms. Demetrius Thamilini, Nutritionist, Diabetes Association of Sri Lanka
5	Training Session on Nutrition (Tamil)	Ms. Demetrius Thamilini, Nutritionist, Diabetes Association of Sri Lanka
6	Awareness Session on media influence on food habits and nutrition	Mr. Roshan Delabandara, Nutritionist, Chairperson of The SUN CSA, Sri Lanka, Executive Council
7	Training Session on Leadership and Communication Skills	"Open House" Consultancy Organization
8	Discussion on Nutrition, Physical and Mental Health and Proper Social Behaviour Change of Youth During the COVID 19 Pandemic	Dr.Gamini Samarawikrama, Health Promotion Bureau, Ministry of Health

Youth networks were involved in different activities with the knowledge and training they obtained through the project. A virtual discussion session organized by Monaragala district youth network on Non-communicable diseases and an awareness program on nutrition conducted by Ratnapura district network. The Hambantota youth network developed a video clip on balance diet, food groups and proper nutrition and a poster on nutritional and health values of different herbals. The Batticaloa District youth network created a leaflet on organic agriculture, and Nuwara Eliya district youth network made a presentation on prevention of malnutrition.



Figure 57. Initial meeting with youth members



Figure 58. Awareness session on NCDs

8

SUN CSO DISTRICT NETWORK ACTIVITIES

8.1. Awareness Programme Organized by Mannar District CSO Network

Mannar District Civil Society Network organized a program to make aware the school children on nutrition and related areas. The programme was held on 27th March 2021 at Mannar. School children were made aware on balance diet and importance of nutrition.



Figure 59. Students were made aware in the programme



Figure 60. Participants for the programme



9

COLLABORATIONS WITH OTHER ORGANIZATIONS

9.1. Collaborations with United Nations World Food Programme

9.1.1. R5N Research Project

SUN PF coordinated and communicated with WFP, MRI, and Wayamba University of Sri Lanka for the baseline and endline data collections of the R5N research. All the procurements and payments for this project were made by the SUN PF and supported to organize trainings, field visits, meetings and presenting events throughout the project. An event was held on 06th April 2021 to present the findings of the baseline.



Figure 61. Presentation Event of the Baseline Findings.

9.1.2. Nutrition Awareness and Social Behavior Change Project

The United Nations World Food Programme collaborated with Scaling Up Nutrition People's Forum to implement a project on Nutrition Awareness and Social Behavior Change Promotion in 6 Districts (Matale, Kalutara, Monaragala, Mullaitivu, Batticaloa and Mannar). Targeted population of the project was 1517 Samurdhi beneficiary Pregnant and Nursing mothers who received cash assistant from WFP. Daparatment of Samurdhi Development, Ministry of Health and Women's Bureau of Sri Lanka were the main partners of this project.



Figure 62. Theme of the Project

Key Activities of the project

a. Stakeholder sensitization and project introduction meetings at national and district level

A national level meeting and 6 district level meetings conducted virtually to introduce and plan the project. Total 207 officials participated in all 7 meetings from Secretariat, Samurdhi offices, RDHS Offices, Divisional Secretariat offices, MOH offices, SUN PF and WFP.

b. Pre and post assessments

An study was conducted as a main part of this project. Pre assessment conducted with 1063 beneficiaries and Post assessment was done with 996 beneficiaries. Pre assessment data was much important in project implementation and post assessment was for the project evaluation. The study was done adhering to the scientific methods and data collected through telephone call surveys with KOBO tool questionnaire by trained enumerators. Socio demographic data, information about the communication channels and knowledge, attitude, practices questions were there. Statistical analyzed done for the pre and post assessment data and a report was prepared.

A qualitative data collection was done through pre and post interviews and same 30 beneficiaries participated for both interviews. This was also done over the phone.

The pre and post assessments were conducted in collaboration of an expert group representing universities (Wayamba university of Sri Lanka and Griffith university Australia), Health promotion Bureau, and SUN PF.

c. Development of messages and materials and sharing messages through various communication channels.

In this project messages and materials developed under five themes such as Pregnancy care, Child Feeding, Diet, Gender & family support and Cash Management. The communication channels to share the messages were selected based on the pre assessment data. All the messages and radio programmes developed with the support of project partners and radio programmes produced with suitable resource persons. All the messages and materials developed in both Sinhala and Tamil. The message sharing campaign was done as mentioned below.

- Shared 19 text messages (SMS) with 996 beneficiaries
- Shared 19 Social media messages with 536 beneficiaries through whatsapp and viber
- Broadcasted 19 radio spot messages via Sirasa FM and Shakthi FM
- Broadcasted 4 Sinhala radio programmes broadcasted through the Rangiri FM and Uva FM and 2 Tamil programmes broadcasted through SLBC Tamil channel
- Developed 5 wall charts to display at samurdhi offices and MCH clinic centers in collaboration with Health Promotion Bureau
- Social media messages and some videos produced by FHB were shared through the facebook and You Tube
- Produced 2 animation videos on "Household cash management for nutrition" in collaboration with the Estate and Urban Health unit of the Ministry of Health

d. Capacity building programme on "Nutrition and Cash Management"

Three virtual programmes conducted on Capacity building of Samurdhi and other field level government officers on "Nutrition and Cash Management" with the participation of 94 officers (2 Sinhala medium and 1 Tamil medium programmes). Dr Enoka Wickramasinghe, Estate and urban Health unit and Mr.K Prabakaran, Central Bank of Sri Lanka (Trincomalee Branch) contributed as resource persons for the programmes.



Figure 63. A Sinhala Social Media Message



Figure 64. A Tamil Social Media Message



Figure 65. Awareness message on radio messages



Figure 66. A Sinhala wall chart developed by the project



Figure 67. A Tamil wall chart developed by the project



Figure 68. Capacity building programme on cash management



Figure 69. An animation video on cash management (Sinhala)



Figure 70. Animation video on cash management (Tamil)

9.2. Collaborations with United Nations Food and Agriculture Organization

Distribution of Seeds for Home Gardening

SUN PF collaborated with United Nations Food and Agriculture Organization for a Project on Home Gardening. SUN PF assisted to identify the beneficiaries for this project and distributed seeds to over 46000 beneficiaries through the SUN PF district CSO Networks and Women's Societies coming under the Women's Bureau of Sri Lanka. SUN District coordinators in 21 districts and 281 Women development officers contributed for the seed distribution.

A seed distribution inauguration event was held on 30th November 2021 at Ratmalana with the presence of State Minister Mr. Piyal Nishantha, Second Secretary Australia High Commission Colombo, FAO Deputy Country Director, Director of the Women's Bureau of Sri Lanka, Deputy Director (Nutrition) - Ministry of Health, Director (Technical) - Ministry of Agriculture, SUN CSA Kalutara and Rathnapura District coordinators and SUN PF staff. An evaluation was done for this project through a telephone call survey with a 258 sample of beneficiaries.



Figure 71. Seeds distribution in Kalutara



Figure 72. Seeds distribution in Galle



Figure 73. Seeds distribution event at Ratmalana

9.3. Collaborations with “Nirogi Lanka Project” of the Sri Lanka Medical Association and ChildFund Sri Lanka

Promotion of Physical Activities

SUN PF contributed for a project on promotion of physical activities in collaboration with the “Nirogi Lanka” project of the Sri Lanka Medical Association and ChildFund Sri Lanka. SUN PF supported organizing sessions and invited CSOs, WDOs and youth to participate in this programme. There were six main awareness sessions and a series of practical sessions conducted under the project and an reflection was done at the end.



Figure 74. A Virtual awareness session on physical activities



Figure 75. A Flyer on physical activity programme

11

SUN PF EXECUTIVE COUNCIL, SECRETARIAT AND, ADMINISTRATIVE FUNCTIONS AND OTHER MEETINGS

11.1. SUN PF Board of Directors meetings

There were two Board of Directors meetings held in the year 2021.



Figure 76. A meeting of the SUN PF Board of Directors

11.2. SUN PF Executive Council

Five Executive Council meetings were held during the year. Due to COVID situation all the meetings were organized as virtual meetings.



Figure 77. SUN PF 45th Council Meeting

11.3. Meetings with district coordinators

Virtual meetings were conducted with district coordinators to discuss the district-level activities and to collect the ideas of district coordinators for future plans.



Figure 78. A meeting with district coordinators

11.4. Stakeholder meeting

A stakeholder meeting was conducted virtually on 01.03.2021 to discuss the future plans and activities of the SUN PF to improve the nutritional status of the community. Officials from Ministry of Health, from Other NGOs, UN organizations, and SUN PF staff participated in this meeting.

12

FEEDBACK

12.1. Feedback from CSO District Coordinators



Feedback from Anuradhapura District Coordinator

I Nimal Padmasiri am the Executive Director of the Institute of Rural Social Development (IRSD). Through my Organization and the Anuradhapura District Civil Society Network, I have done many activities in different kinds of projects. In addition to that, I have got the opportunity to engage with the SUN PF for Nutrition interventions in Anuradhapura District. We got the opportunity to strengthen the CSO network to increase nutrition related activities as the Anuradhapura District coordinator of the SUN CSA, as well.

During the year 2021 we collaborated with SUNPF and conducted a series of awareness programmes on nutrition for a wide range of stakeholders. These included parents of school children in the Padaviya area, journalists and government officers – all with the support of RDHS Office Anuradhapura. Those activities were very important to educate the community on nutrition and to avoid the consumption of artificial food. The journalists are able to carry the nutrition messages to people through their media.

Furthermore, we worked with SUN PF to distribute seeds for the marginalized families for home gardening and to increase their nutritious food consumption.

I appreciate the creation of a CSO network in Anuradhapura District and giving the opportunity to our organization to organize awareness programmes.

Mr. H.M.Nimal Padmasiri

Executive Director

Institute of Rural Social Development



Feedback from Puttalam District Coordinator

I am Sivavasandhan, and am the Puttalam District Coordinator of SUN Civil Society Network. The Puttalam district SUN civil society network works in collaboration with women's organizations, youth groups, civil society organizations, disabled people's organizations and social organizations working with the marginalized. Since joining this SUN Civil Society Network, we are seeing some good changes in our eating habits and lifestyle which is important for our health and nutrition – this is because we gained a lot of knowledge from the SUN PF programmes.

A seed distribution project to promote home gardens was conducted by SUN PF during the last year, and the CSO network contributed to that project. More than 2000 beneficiaries in Puttalam district benefited by this programme including pregnant women and families with women. Several nutrition programs and discussions were also held targeting civil society members and community. There are many benefits from those programmes and all the CSOs are happy to work with this network. We conducted more activities at the village level to increase the nutritional status of the people.

On behalf of our district, I am delighted to thank SUN PF, for their valuable programmes on nutrition.

Shiva Vasandan

Center for Performing Arts

12.2. Feedback from Youth



I consider it a great opportunity to be able to join this nutrition related group which was formed during the pandemic period. The group led a number of seminars on nutrition, including topics such as leadership, exercise and self-discipline. These seminars regarding nutrition can be termed essential for the youth. It was possible to learn how to manage the nutrition of a family with the resources available to them and how to maintain the home garden and produce organic fertilizer. Through leadership related seminars, we were able to learn about the characteristics of a leader such as self-assurance, commitment and visionary thinking. Our aim is to have a number of such seminars. In the current programs, such seminars lead to the

self-improvement and self-confidence of many young people. Many schools have raised awareness for the youth community with a series of meetings. Consequently, it was possible to know the nutritional deficiencies found in other districts. I would like to thank the SUN Youth Network for giving us this opportunity.

Sellathurai Dilany

Nuwara Eliya

12.3. Feedback from Women Development Officer

We selected beneficiaries from women's societies. Among the beneficiaries, there are pregnant mothers, nursing mothers, and mothers having children under 5 years and having low weight for the age of the child. There are Samurdhi beneficiaries among them, including a few disabled people too.

Distribution of seed packets was done. As I am carrying out a home gardening project with the help of a community health medical officer, I conducted an awareness session for the beneficiaries before the distribution of seed packets. Here, I emphasized the importance of home gardening (locally grown foods) and the bad effects of junk food. There were no problems when distributing seed packets as all beneficiaries joined in with a good understanding of sharing. I had conducted many home gardening programs with them, so they were enthusiastic to join this home gardening program.

To motivate them, I gave a goal. I requested them to return a set of seed packets from their harvest. I suggested to conduct a competition for them to select either beneficiary having the best home garden or beneficiary providing a high number of seeds from their harvest.

I am so happy that I can share my knowledge.

Ms. Anusha Sudharshani

Women Development Officer, Galle

PILLAR ASSOCIATES

Chartered Accountants

03

SCALING UP NUTRITION PEOPLE'S FORUM (GUARANTEE) LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 31ST DECEMBER 2021

	NOTE	31.12.2021 Rs.	31.12.2020 Rs.
ASSETS			
CURRENT ASSETS			
Advance	01	116,000.00	428,500.00
Prepayments	02	275,000.00	330,000.00
Cash & Cash Equivalents	03	17,489,896.22	18,286,517.66
		<u>17,880,896.22</u>	<u>19,045,117.66</u>
TOTAL ASSETS		<u>17,880,896.22</u>	<u>19,045,117.66</u>
RESERVES AND LIABILITIES			
FUNDS AND RESERVES			
Restricted Funds	04	17,827,368.72	18,852,667.66
		<u>17,827,368.72</u>	<u>18,852,667.66</u>
LIABILITIES			
Expenditure Creditors	05	53,527.50	192,450.00
TOTAL RESERVES & LIABILITIES		<u>17,880,896.22</u>	<u>19,045,117.66</u>

These Financial Statements are in accordance with the requirements of the Companies Act No 07 of 2007.


Chief Financial Officer

The Board of Directors is responsible for the preparation and presentation of these financial statements


Director


Director

The Accounting Policies and Notes on pages 07 to 18 form an integral part of the Financial Statements.

Funding Sources for the year 2021

Table 4. Funding sources of the year 2021

Donor Organization	Amount Rs.
United Nations World Food Programme	15,981,659.00
United Nations Food and Agriculture Organization	1,576,080.00
UNOPS SUN Pooled Fund (World Vision) - Project	6,457,139.94
Youth Grant (SUN CSN)	574,857.43
Total	24,589,736.37

14

LIST OF CIVIL SOCIETY ORGANIZATIONS IN CSO DISTRICT NETWORK

Ratnapura District

1. Mithuro Mithuro Sansadaya
2. Sumithuro Sanvidhanaya
3. Janothsa Development Foundation
4. Sambaragamu Janatha Foundation
5. Regional Association of Civil Society Organization
6. Sri Lanka Amadyapa Yowun Samajaya, Kuruwita
7. SDM Human Resource Development Foundation
8. Sambaragamuwa Community Development Foundation
9. Organization of Environmental and Children's Rights Preservation (OECRP)
10. People's Livelihood Development Foundation
11. Ratnapura District Wanitha Padanama
12. Samurdhi Sanwardhana Sanvidhanaya
13. Analiya Sahajeewana Sangamaya
14. Minipura Shakti Padanama
15. Wekada Eksath Gemunu Subasadaka Samithiya
16. Wekada Parakum Jala Paribogika Sanvidhanaya
17. Liyasaviya Sabaragamuwa Kantha Sanwardhana Padanama

Kegalle District

1. Association of Social Activity Development Foundation
2. Young Male Muslim Association
3. Organization of Environmental and Children's Rights Preservation (OECRP)
4. Ekamuthu Kantha Samithiya
5. Nirmala Kantha Samithiya
6. Vishaka Kantha Samithiya
7. Samadhi Samithiya
8. Yatogoda Kantha Samithiya
9. Organization for Social and Education
10. Thuruliya Govi Kantha Samithiya
11. SITHAMU Wilpoia Kantha Govi Sanvidhanaya
12. Muditha Kantha Govi Sanvidhanaya
13. Samurdhi Prajamula Samithiya
14. Sai-Law Foundation
15. Manawa Sampath Kendraya
16. Managala Sports Club
17. Praja Sahayogitha Vyaparaya
18. Youth Sports Club

Hambantota District

1. Ruhunu Wellasa Area Foundation (HWAF)
2. Sri Lanka Red Cross Organization
3. Ahinsawadi Kriyadharayange Samadana Sangamaya
4. Social Mobilization Development Foundation
5. Navajeewana Foundation
6. Brac Lanka Finance PLC
7. Hambantota Football Federation
8. Hambantota District Sahabagithwa Sanwardana Kendraya
9. Magam Ruhunu Trade Association
10. Women Development Federation
11. Pera Pasal Guru Sangamaya
12. Kalabala Bindu Lama Udyanaya

Matara District

1. Krushi Vyavasayakayange Sangamaya
2. Janasahana Sahayogitha Padanama
3. Pradeshiya Wadihiti Balamandalaya
4. Samaja Sanwardhana Ayathanaya
5. Mahasen Padanama
6. Ekamuthu Govi Sanvidhanaya
7. Nagenahira Govi Sanvidhanaya
8. Vadihiti Sanvidhanaya
9. Pahatharata Praja Sanwardhana Sansadaya
10. Sanskruthika Balamandalaya
11. Pradeshiya Kantha Balamandalaya
12. Visura Sanwardhana Padanama
13. Praja Sanwardhana Sansadaya
14. Pubudu Vadihiti himikam Praverdhana Samithiya
15. Deshodaya Mandalaya (Saryodaya, Matara)

Galle District

1. Praja Shakthi Sanvardhana Padanama
2. Grama Shakthi Sansadaya
3. Hikkaduwa Sahabagithwa Sanvardhana Padanama
4. Kantha Samupakara Samithiya (Nivasa saha Jeewanopaya Sanvardhanaya)
5. Ekamuthu Kantha Karya Sanvidhanaya
6. Gami Kantha peramuria
7. SANASA, Galle
8. Anagarika Darmapala Sahabagithwa Sanvardhana Padanama
9. Liya Sarani Kantha Samithiya
10. Jasmín Kantha Sanvidhanaya
11. Sahabagithwa Sanvardhana Padanama
12. Akmeemana Kantha Sanvardhana Samithiya
13. Shakthi Mothers Health Society
14. Pragathi Suba Sadhaka Samithiya
15. HELPO ECO Green Ltd, Galle
16. Women Economic Development Foundation
17. South Fisheries Organization
18. Jéyshta Purawesi Kamituwa
19. Praja Sanwidhana Kendraya

Monaragala District

1. Human Rights First Aid Center
2. Sarana Sahana Sewa Foundation
3. Janata Sahabagithwa Sangamaya
4. Flower Planter's Ladies Committee
5. Ekamuthu Subasadaka Sangamaya
6. Ekabadda Sanwardhana Sansandaya
7. Gramiya Arthika Sanwardhana Padanama
8. District Community Organization Forum
9. Monaragala Ranamayura Purawesi Sabawa
10. Uva Wellasa Kantha Sanvidhanaya

Badulla District

1. Sarvodaya, Badulla
2. Pragathi Praja Mula Sanvidhanaya
3. Neth Sathuta Subhasadaka Sangamaya
4. Giri Hela Praja Mula Sanvidhanaya
5. Swaranamali Kantha Balamandalaya
6. Kokila Kantha Sanvidhanaya
7. Grama Sanwardhana Samithiya
8. Pioneer Distance Education Centre
9. Reyukai Lanka Association
10. Rural economic Development Foundation
11. Kadurata Sanwardhana Padhanama
12. Sigithi Early Childhood Development Center
13. Banderawela Purawesi Sabhawa
14. Subasadhaka Sangamaya for Government and semi Government
15. Consortium of Badulla District Civil Organizations

Anuradhapura District

1. Kabathigollewa Integrated Rural Development Organization
2. Foundation for innovative Social Development (FISD)
3. Pragathi Sewa Foundation (PSF)
4. Association of Women with Disabilities
5. Rajarata Sarvashakthi Foundation
6. Samasewayaya Thalawa
7. Praja Shakthi Sahabagithwa Sanvardhana Padanama, Rambawa
8. Ritigala Women Development Forum
9. Universal Friends Club
10. Rajarata Gami Shakthi Nirmana Kawayaya
11. Sahana Disable Society Nochchiyagama
12. Kantha Pihita, Anuradhapura
13. Sri Lanka Gramashakthi Development Foundation
14. Rajarata Participatory Development Foundation
15. Institute of Rural Social Development (IRSD)
16. SAFE Foundation

Mullaitivu District

1. Aalumai women, Mullaitivu
2. Center for Humanitarian and Integrated Development (CHID)
3. RDS (Rural Development Society)
4. SLCDF (Sri Lanka Center for Development Facilitator)
5. Ampal puram Community Center
6. Jaffna Social Action Centre (JSAC)
7. Maththiyastha Sabai Mullaitivu
8. Rural Development Society (RDS)
9. Meenavar Sangam
10. Nishaa Women's Forum
11. Vattappalai Women Rural Development Society
12. Alampi Women Rural Development Society
13. Kumula Women Rural Development Society
14. Sarvodaya, Mullaitivu

Mannar District

1. Sarvodaya, Mannar
2. Mannar Women Development Foundation (MWDF)
3. MARR (Mannar Association for Relief and Resettlement)
4. PAFREL (People's Action for Free and Fair Elections)
5. Katheramali.S.S.S, Mannar
6. MARDAP (Mannar Association for Rehabilitation of Differently Able People)
7. MSED0 (Mannar Social Economic Development Organization)
8. Sri Lanka Red Cross Society
9. CHRD (Center for Human Rights Development)
10. Ganapumei.S.S.S, Mannar
11. Deshodaya, Mannar
12. IRICDP (Inter Religious Initiatives for Child Development and Preservation)
13. Mothers Club - Mannar

Kilinochchi District

1. Selva Nagar Rural Development Society
2. Kanakompikai Kalam Rural Development Society
3. Mediation Board - Kilinochchi
4. WRDS (Women Rural Development Society)
5. Rama Street Civil Society Organization
6. Youth Service Organization
7. Shanthiham Kilinochchi
8. Women and Child Development Society
9. National Association for Humanitarian Rehabilitation (NAHRO)
10. Organisation for Integrated Social Development (OISD)
11. Mahasakthi Amaippu
12. Veesman Foundation
13. Santhisena Sansadaya (Sarvodaya)
14. Family Rehabilitation Center
15. Siragukal Kilinochchi
16. Vennerikkulam Rural Development Society
17. Northern Province Consortium of Organizations for Differently Abled (NPCODA)

Jaffna District

1. Jaffna K.K.P Youth Club
2. Bharathi Pre-School
3. Karukampanai Hindu Youth Club
4. Life Mission Helping Hands
5. Rural Women Development Association
6. Koppay Kannakai Amman Women and Children Association
7. Chankani East Women Association
8. Kalaivaani Mothers Club
9. Allaippitti Rural Women Development Association
10. Cumedica preschool, Anna preschool
11. Chinnamadu Rural Women Development Association
12. Katkoyalam Rural Women Development Association

Vavuniya District

1. Mathavuvaidha kulam Women Rural Development Society
2. Marambai kulam Women Rural Development Society
3. Kannaddy Women Society
4. Deshodaya, Vavuniya
5. Salambaikulam Community Centre RDS
6. Kadar Sinna Kulam VCDC, Vavuniya
7. Samalan kulam Women Society (Treasures)
8. Sarvodaya Vavuniya
9. Rural women Forum
10. Velankulam Llanthalir Youth Club
11. Berendina Micro Credit, Vavuniya

Trincomalee District

1. People's Economic Development Organisation (PEDO)
2. People's Service Council (PSC)
3. Helping Women
4. Sarvodaya, Trincomalee
5. Heart Ceylon Foundation (HCF)
6. Sri Lanka Red Cross Society (SLRCS)
7. Child Development Fund (CDF)
8. Woman Action Network (WAN)

Batticaloa District

1. NESEDA (National Economic Social Education Development Association)
2. SHED (Serving Humanity through Empowerment and Development)
3. Habitat for Humanity Batticaloa
4. MENCAFEP (Mentally Disabled Children and their Families Education Project)
5. OCEAN Star Lanka
6. Child Action Lanka
7. SEDO Lanka
8. SEEDA (Social Economic Education Development Association)
9. Munaipu Sri Lanka
10. RAHAMA Fourt Funding organization

Ampara District

1. Women Development Foundation (WDF)
2. Diriya Women Forum
3. Arma Aid
4. Ruhunu Lanka
5. Young Men's Hindu Association
6. Peoples Progressive Development Society (PPDS)
7. NGO Consortium
8. Venmathy Women Society
9. Inter Religious Federation of Ampara District (IRFAD)
10. Nava jeevana
11. Sri Lanka Red Cross Society
12. United People's Organization
13. Sarvodaya Ampara
14. Healthy Life

Kandy District

1. Kantha Sahabagithwa Sanwardhana Kendraya
2. Ekamuthu Kantha Sanvidhanaya
3. Praja Shakthi Sanwardhana Padanama
4. Mithu Saviya Foundation
5. Jayamaga Praja Sanwardhana Padanama
6. Vegiriya Nagenahira Shakthi
7. Patha Hewahata Prajashakthi Sanwardhana Padanama
8. Praja Shakthi Padanama
9. Pivithuru Kantha Samithiya
10. Sanakruthika saha Parisarika Sansadaya
11. Vidatha Vyavasayaka Sansadaya
12. Prathibha Kantha Karya Sanvidhanaya
13. Gabadagama North Kantha Sanvidhanaya
14. Prathibha Kantha Sanvidhanaya
15. Gamipubudu Praja Mula Sanvidhanaya
16. Kandy Little Kids
17. Parisara Surakum ha Vidya Gaveshana Sanvidhanaya
18. Sarvodaya District Centre
19. Shakthi Kantha Sanvidhanaya
20. Ekamuthu Kantha Sanvidhanaya
21. Hill Country Forum for Community Organization (HIFCO)

Nuwara Eliya District

1. C.R.P Pedro Organization
2. Tea Field Child Development Federation
3. World Vision Lanka
4. Eksath Lanka Welfare Society
5. Save the Children
6. Suwashakthi, Nuwara Eliya
7. Hemamali Wedihiti Samithiya
8. Institute of Social Development (ISD)
9. Nucleus Foundation

Matale District

1. Sri Lanka girl guide association
2. Anthar Aagam Sanvidhanaya
3. Sithuwama organization
4. Liyasaraniya
5. GARBL Sri Lanka
6. Yowun Pawura

Kurunegala District

1. Ridee Liya Maw Sansadhaya
2. Govinge Samaja Seva Sanvidhanaya
3. Athugalpura Parisara Padanama
4. Sri Lanka Dilindukama Pitudakeeme Padanama
5. Sahabagithwa Praja Seva Tharuna Sanvidhanaya
6. Sooriya Subasadhaka Samithiya
7. Sri Lanka Jathika Sanwardhana Padanama
8. Wana Arana Parisara ha Samaja Sanwardhana Padanama
9. Yashodara Kantha karya Sanvidhanaya
10. Amerasoma Nahimi Padanama
11. Vishaka Kungana Samithiya
12. Ekamuthu Kantha Samithiya
13. Sihanada Kreedha Samithiya
14. Wayamba Govi Kantha Sansadhaya
15. Sarvodaya District Madyasthanaya
16. Panduwaanuvana Janasurakum Sanwardhana Madyasthanaya
17. Wayamba Govi jana Parisarika ha Manawa Sanwardhana Kendraya
18. Ekamuthu diriya Kantha Karya Sanvidhanaya
19. Kurunagala Human Rights organization
20. Wasana Kantha Diriya Wanitha Sanvidhanaya
21. Wataraka Grama Sanwardhana Samithiya
22. Samagi Uyana Grama Sanwardhana Samithiya
23. Pragathi Kantha Samithiya
24. Subha Sadhaka Sangamaya

Puttalam District

1. Me Rasa Bojun Group
2. St. Sebastian Fisheries Society
3. Mushroom Cultivator's Society – Mundalama
4. VOICE Area Federation
5. Child Vision
6. Friends Forum for Rural Income & Environmental Development Services
7. Vilpotha Kantha Ithurum Parishramaya
8. Good Neighbours, Puttalam
9. Mercy Lanka
10. Tharuna Sangamaya, Puttalam
11. Organization of Environmental and Childrens' Rights Preservation (OECRP)
12. Center for Performing Arts

Kalutara District

1. Asia Lanka Social Development Co-Operations (ALSDC)
2. Mihithala Mithuro Parisara Sanwardana Padanama
3. Samagi Shakthi Ekabadhda Sanvidhanaya
4. Deepthi Govi Kantha Samithiya
5. Eksath Siriliya Kantha Samithiya
6. Surakimu Mihikatha Sanvidanaya
7. National Volunteers Association
8. Sarvodaya Shramadana Sangamaya
9. Kalutara Kantha Sanvidhanaya
10. Thirasara Kantha Sanwardana Padanama
11. Hela Shakthi Tharuna Samajaya
12. Isiwara Samaja Sathkara Padanama
13. Ekamuthu Kantha Samithiya
14. Shakthi Kantha Sanvidhanaya
15. Thekkawaththa Sanasa Samithiya
16. Samatha Mula Mandalaya
17. Sujana Mithuro Padanama
18. Community Orientation Resource Exchange (CORE)
19. Organization of Environment and Children Rights preservation (OECRP)

Colombo District

1. ChildFund Sri Lanka
2. World Vision Lanka
3. Sevalanka Foundation
4. Nucleus Foundation
5. Nutrition Society of Sri Lanka
6. Sarvodaya Women's Movement
7. ADRA Sri Lanka
8. Sri Lanka Girls Guide Association
9. Seth Sarana Caritas
10. Serve Sri Lanka
11. Viluthu Centre for Human Resource Development
12. Sri Lanka Girls Guides Association
13. Voice for voiceless Foundation
14. Sarvodaya
15. Save the Children

ABBREVIATIONS

BMI	Body Mass Index
CSN	Civil Society Network
CSO	Civil Society Organization
DSD	Department of Samurdhi Development
EUH	Estate and Urban Health
FAO	Food and Agriculture Organization
FBDGs	Food Based Dietary Guidelines
FHB	Family Health Bureau
GN	Grama Niladhari
HPB	Health Promotion Bureau
IEC	Information, Education and Communication
IRSD	Institute of Rural Social Development
MCH	Maternal and Child Health
MOH	Medical Officer of Health
MoH	Ministry of Health
MOMCH	Medical Officer of Maternal and Child Health
MO NCD	Medical Officer of Non – Communicable Diseases
MRI	Medical Research Institute
NCD	Non – Communicable Diseases
ND	Nutrition Division
NGO	Non Government Organizations
RDHS	Regional Director of Health Services
SDO	Samurdhi Development Officer
SUN	Scaling Up Nutrition
SUN CSA	Scaling Up Nutrition Civil Society Alliance
SUN PF	Scaling Up Nutrition People's Forum
SWM	Sarvodaya Women's Movement
UN	United Nations
WDO	Women Development Officers
WFP	World Food Programme

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- » Women's Bureau of Sri Lanka
- » National Youth Services Council
- » Scaling Up Nutrition Movement Secretariat
- » Scaling Up Nutrition Civil Society Network
- » Scaling Up Nutrition Asia Regional Coordination Group (ACG)
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- » United Nations World Food Programme
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"Alone we can do so little;
together we can do so much"

Helen Keller





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Scaling up Nutrition
People's Forum

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